Labels: A, B, C are for Lego RCX motor ports
1,2,3 are for Lego RCX sensor ports,
1,2,3,4,5 for motor power levels
0 to 100 for light levels
> or < for light level comparisons (Example: >55 means light level greater than 55
arrows for motor direction & for touch switch direction (pressed in or released)

Example:

Begin program,
Wait for 2 seconds,
Run Motor A in Forward Direction at Power Level 2 until Touch
Sensor is pressed in then,
Stop Motor A,
End program.